

## ATHLETIC UPDATE

We wanted to share an update on the current state of athletics at Alki.

First and foremost, we want our student-athletes to know that we miss having them on campus, and we support the safe return of athletics and competitive sports for our community, families and staff.

As you know, sports have been postponed following guidance from the Washington Department of Health, Governor Inslee and Washington Interscholastic Activities Association (WIAA). We are currently working to align our middle school athletics program with the changes made to the WIAA high school calendar.

In the meantime, here's what you can do to ensure your child is ready when sports begin:

- Determine if your child's sports physical is up to date
  - Check their status on Family ID or,
  - Contact our business office clerk, Erin Redd at [erin.redd@vansd.org](mailto:erin.redd@vansd.org)
- If your child needs a new or updated sports physical, please follow the steps listed below under "New or Updated Sports Physicals"

We understand the impact this decision has on our athletes, families and coaches and are hopeful for the return of athletics at all levels this school year. As information is changing, we will continue to communicate changes to our staff, athletes and families.

### NEW OR UPDATED SPORTS PHYSICALS

Vancouver Public Schools has an online clearance process for all athletic programs. Simply by following the provided link below, you will be able to register your athlete for our late winter sports teams. When you register through FamilyID, the program keeps track of your information in your FamilyID profile. You enter your information only once for each family member. You may then access your profile to register for future sports and activities. Please complete the registration in full. A partial registration will not be saved. REGISTRATION BY A PARENT OR GUARDIAN CAN BE COMPLETED BY CLICKING ON THIS LINK: <https://www.familyid.com/alki-middle-school>

Part of the clearance process includes having a valid sports physical on the WIAA physical form which can be found and printed at: <https://vansd.org/athletics-and-activities/>. Physicals are good for two years, and the completed form gets uploaded into FamilyID.